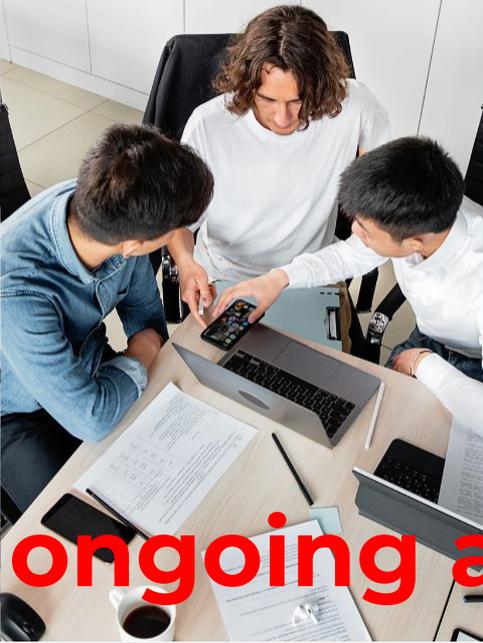
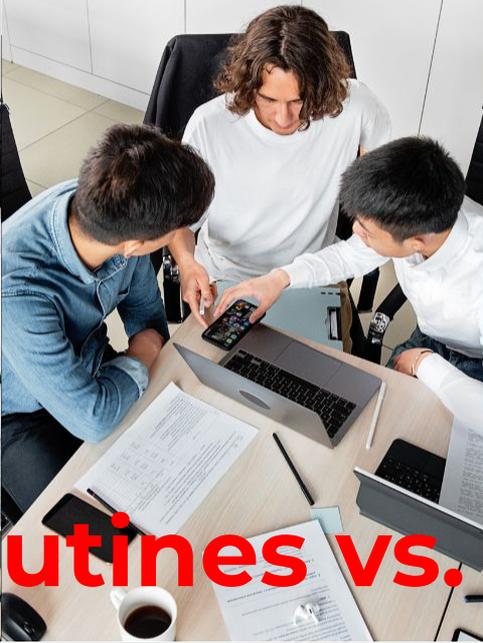


Every day

Every day

Every day

Right now



B1 -

Daily routines vs. ongoing actions

Learn to use the present simple and present continuous (progressive) tense aspects.

How would you describe this picture?



Present simple vs. present continuous

The first three pictures:

“Every day I work in the office.”
[present simple tense aspect]



The last picture:

“I am working at home (right now).”
[present continuous tense aspect]

Present simple vs. present continuous

Present simple:

Used to describe actions or events that happen regularly or are habitual. It's also used for general facts and truths.

For example:

“Every day I work in the office.”

[habit or routine]

“Chillies are spicy.”

[general fact]

Present continuous (progressive):

Use for actions happening right now or around the moment of speaking. Also used to describe temporary actions, even if they aren't happening at the exact moment.

For example:

“I am attending an English lesson.”

[happening right now]

Present simple vs. present continuous

Present simple structure:

Subject + infinitive (or infinitive + “s” / “es”
for “he”, “she”, or “is”) + [object]:

“I wake up early every morning.”

“They play basketball on weekends.”

“She drinks coffee every afternoon.”

Subject + to be verb (“am”, “is”, or “are”) +
[adjective] or [noun]:

“Lemons are sour.”

“I am a teacher.”

Present continuous (progressive) structure:

Subject + to be verb (“am”, “is”, or “are”) +
verbING:

“I am walking to the shop.”

“They are playing basketball now.”

“She is drinking coffee.”

Fill in the blanks with the correct verb form

1. I _____ (work) from 9 AM to 5 PM every day.
2. Right now, I _____ (study) for my English exam.
3. She usually _____ (go) to the gym in the evening.
4. I _____ (not like) drinking coffee after dinner.
5. We _____ (have) a meeting at 3 PM today.
6. Tom _____ (play) tennis at the moment, but he _____ (not play) every day.
7. My parents _____ (live) in the city, but they _____ (stay) with me this week.
8. They _____ (watch) TV right now, but they _____ (not watch) TV every evening.
9. I _____ (not understand) this grammar point. Can you explain it again?
10. It _____ (rain) a lot this month compared to last month.

Let's test your understanding

Look at the following sentences. Some are correct, and some are incorrect. If the sentence is incorrect, please modify it to the correct version.

1. I usually wake up at 7 AM.
2. She is always eat lunch at 12 PM.
3. We don't goes to the gym every morning.
4. Right now, they play football in the park.
5. He is reading a book now.
6. My brother don't like spicy food.
7. I am study English every Tuesday afternoon.
8. They are working in the office now.

Sandara's day ...



Every morning, I ____ (wake) up at 6:30 AM. Then, I ____ (have) breakfast, and after that, I ____ (go) to work. Right now, I ____ (sit) at my desk in the office. I ____ (work) on a new project this week. Usually, I ____ (take) a walk during my lunch break, but today, I ____ (stay) inside because it ____ (rain). In the evening, I ____ (go) to the gym twice a week. I ____ (try) to stay fit, but this week, I ____ (not feel) like exercising much. Tomorrow, I ____ (have) a meeting at 9 AM, but at the moment, I ____ (prepare) my presentation for it.

Complete this task



Please tell the class about your daily routine. Remember to use the present simple tense aspect structure:

Subject + infinitive + (object)

Present continuous tense is used for ...

1. **... actions happening right now:**

“I am eating a salad.”

“He is reading a book.”

2. **... temporary situations: [Situations that are not permanent.]**

“I am staying with a friend for a week.”

“She is working on a new project.”

3. **... future arrangements: [For planned actions in the near future.]**

“We are meeting tomorrow.”

“I’m going to the cinema tonight.”

Match each sentence to the correct context

1. I'm talking to my friend on the phone at the moment.
2. We are staying with my aunt for the next week.
3. He is playing football right now.
4. I'm meeting my colleagues tomorrow for lunch.
5. She is studying for her final exams this week.
6. They are building a new shopping mall in our neighbourhood.
7. I'm not working today because it's a public holiday.
8. He is leaving for Paris next week.

- A. Actions happening right now.
- B. Temporary actions.
- C. Actions that will happen in the future.



What's true for you?

Please use the present continuous (progressive) tense aspect to talk about ...

1. actions happening right now,
2. temporary actions,
3. actions that will happen in the future.





Thank you for your support.

YouTube: @elucidatedenglish