



B1 — Life, Work, and Moving On

Lesson focus: past simple, present perfect simple, past perfect simple, present perfect continuous, and past perfect continuous tense aspects

“be”

Present simple:

1. He is happy.
2. They are ignorant.

Present continuous:

1. He is being annoying right now.
2. They are being delayed at the moment.

Past Simple:

1. He was tired yesterday.
2. They were at the park yesterday.

Present Perfect Simple:

1. He has been very busy this week.
2. They have been helpful all day.

Past Perfect Simple:

1. He had been nervous before the interview.
2. They had been friends for years before they argued.

The difference ...

1. **I went to Paris.**

Tense/Aspect: Past Simple.

Meaning: A completed action in the past. The focus is on the event itself, not on now.

2. **I have gone to Paris.**

Tense/Aspect: Present Perfect Simple.

Meaning: The person is in Paris now — they left and haven't returned yet.

3. **I have been to Paris.**

Tense/Aspect: Present Perfect Simple.

Meaning: The person visited Paris at some point in their life (and they are back now).

Martha's Story

Three years ago, Marta moved from Spain to Germany. At first, she felt nervous and lonely because she didn't know anyone.

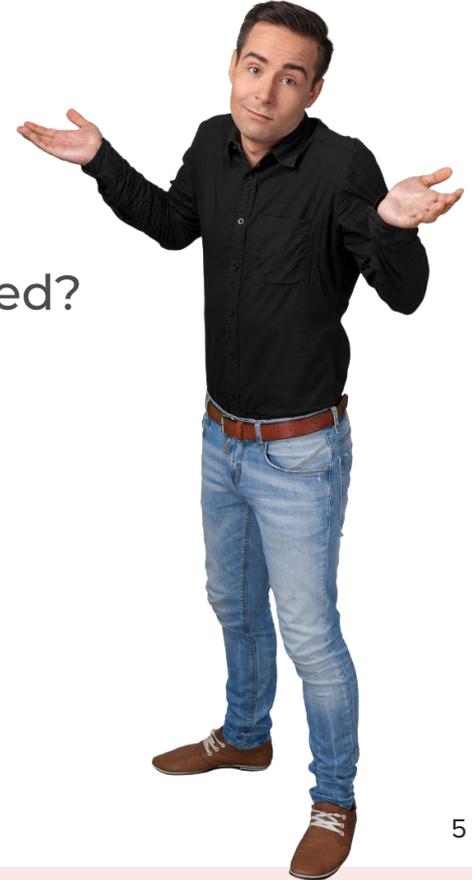
She worked in a small company for a year, but by then she had already decided she wanted a bigger challenge. She has worked in Munich since then and has met many new colleagues.

She has been learning German intensively for the past two years, and by last summer, she had already reached an advanced level. She had been studying every day before work, so when she finally got promoted, she felt proud of all her effort. Now, Marta says moving abroad has been one of the best decisions of her life.



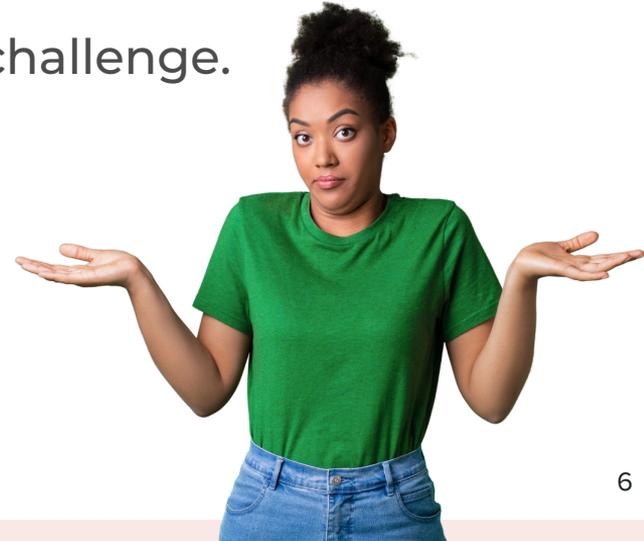
Comprehension questions

1. When did Marta move to Germany?
2. How long has she been learning German?
3. What had she already done before she was promoted?
4. Why does she feel proud?
5. How does she feel about moving abroad now?



Complete the following gap-fill exercise

1. Marta ___ (move) to Germany three years ago.
2. She ___ (work) in a small company for a year.
3. Before she was promoted, she ___ (study) every day before work.
4. She ___ (already/decide) to look for a bigger challenge.
5. She ___ (learn) German for two years now.



Tense aspect	Form	Use	Example
Past simple	Subject + verb + -ed / irregular	Completed action at a definite time in the past.	Martha moved to Germany three years ago.
Present perfect simple	Have / has + past participle	Life experiences, changes, results in the present.	She has worked in Munich since then.
Past perfect simple	Had + past participle	Action completed before another past action.	By then, she had already decided she wanted a bigger challenge.
Present perfect continuous	Have / has + been + verbING	Ongoing actions that started in the past and continue or have recent results.	She has been learning German for the past two years.
Past perfect continuous	Had + been + verbING	Longer ongoing actions before a specific time / event in the past.	She had been studying every day before work.

The man is cooking.

Change the sentence above into:

1. Past simple: [subject + verb + -ed / irregular]
2. Present perfect simple: [have / has + past participle]
3. Past perfect simple: [had + past participle]
4. Present perfect continuous: [have / has + been + verbING]
5. Past perfect continuous: [had + been + verbING]



The children are playing football.

Change the sentence above into:

1. Past simple: [subject + verb + -ed / irregular]
2. Present perfect simple: [have / has + past participle]
3. Past perfect simple: [had + past participle]
4. Present perfect continuous: [have / has + been + verbING]
5. Past perfect continuous: [had + been + verbING]



The woman is reading.

Change the sentence above into:

1. Past simple: [subject + verb + -ed / irregular]
2. Present perfect simple: [have / has + past participle]
3. Past perfect simple: [had + past participle]
4. Present perfect continuous: [have / has + been + verbING]
5. Past perfect continuous: [had + been + verbING]



We are watching a series.

Change the sentence above into:

1. Past simple: [subject + verb + -ed / irregular]
2. Present perfect simple: [have / has + past participle]
3. Past perfect simple: [had + past participle]
4. Present perfect continuous: [have / has + been + verbING]
5. Past perfect continuous: [had + been + verbING]





Thank you for your support.

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